



## How are the costs covered?

**The contraceptives cost less than 100 euros:** The application can also be made retrospectively – if the costs have already been paid by the applicant – but at the latest within one month after the prescription has been issued.

**The contraceptives cost more than 100 euros:** The application must be made before the treatment. To do this, you need a cost estimate from the doctor or pharmacy, which you then submit. The declaration of cost cover (in German: “Kostenübernahmeerklärung”) is sent directly to the doctor’s surgery or pharmacy. They will then settle the bill directly with the city administration.

## Do you still have questions about the application process?

Please send an e-mail to [familienplanungsfonds@ingolstadt.de](mailto:familienplanungsfonds@ingolstadt.de)  
You can obtain further information by telephone on 0841 305-2988 or on the Internet by visiting [www.ingolstadt.de/familienplanungsfonds](http://www.ingolstadt.de/familienplanungsfonds)



A project of the Equal Opportunities Office (Gleichstellungsstelle) and the Social Welfare Department (Sozialreferat)

LEGAL NOTICE  
City of Ingolstadt, Equal Opportunities Office, Rathausplatz 4, 85049 Ingolstadt  
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## If you have any questions about family planning and contraception, please contact the pregnancy counselling centres (Schwangerenberatungsstellen) in Ingolstadt:

City of Ingolstadt  
State-recognised advice centre for pregnancy issues at the Public Health Department (Gesundheitsamt)  
Esplanade 29, 85049 Ingolstadt  
Phone: 0841 305-1452  
[schwangerenberatung@ingolstadt.de](mailto:schwangerenberatung@ingolstadt.de)  
[www.ingolstadt.de/schwangerenberatung](http://www.ingolstadt.de/schwangerenberatung)

Catholic Women’s Social Service (SkF)  
Catholic advice centre for pregnancy issues  
Schrannenstraße 1 a, 85049 Ingolstadt  
Phone: 0841 93755-60  
[schwangerenberatung@skf-ingolstadt.de](mailto:schwangerenberatung@skf-ingolstadt.de)  
[www.skf-ingolstadt.de](http://www.skf-ingolstadt.de)

State-recognised advice centre for pregnancy issues  
Women’s counselling – Diakonie Ingolstadt  
Schulstraße 14, 85049 Ingolstadt  
Phone: 0841 3708303  
[info@frauenberaten-in.de](mailto:info@frauenberaten-in.de)  
[www.frauenberaten-in.de](http://www.frauenberaten-in.de)

pro familia e.V. Ingolstadt  
Sexuality, partnership, family planning State-recognised advice centre for pregnancy issues  
Holzmarkt 2, 85049 Ingolstadt  
Phone: 0841 3792890  
[www.profamilia.de/ingolstadt](http://www.profamilia.de/ingolstadt)  
[www.profamilia.de](http://www.profamilia.de)  
[www.sextra.de](http://www.sextra.de) the pro familia online advice service

## Family Planning Fund



## Assumption of costs for contraceptives



A self-determined life also includes taking responsibility for family planning. We want you to be able to decide when you want to have a child and how you plan your family.

Contraceptives are expensive. It is important that the decision about which contraceptive to use does not depend on your income. The city of Ingolstadt has, therefore, set up a Family Planning Fund (Familienplanungsfonds).

### You have no money for contraceptives?

If you live in the City of Ingolstadt and receive certain social benefits, the costs for your contraceptives can be covered by the city. The benefits are voluntary, there is no legal entitlement.

### What requirements do I have to fulfil?

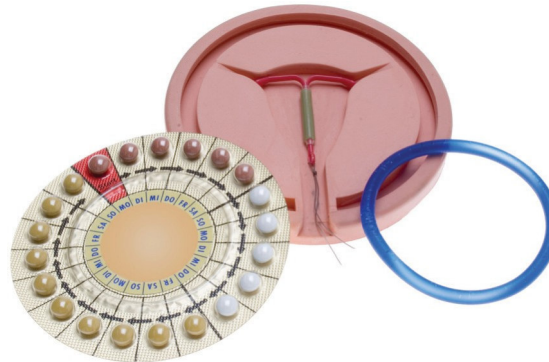
You must live in Ingolstadt and have the IngolstadtPass or receive one of the following social benefits, for example: Social benefit (Sozialgeld), social assistance (Sozialhilfe), unemployment benefit 2 (Arbeitslosengeld 2), housing benefit (Wohngeld), child supplement (Kinderzuschlag), student loan (Bafög), vocational training allowance (Berufsausbildungsbeihilfe) or are currently doing a voluntary social / ecological year (freiwilliges soziales Jahr / ökologisches Jahr) or national service (Bundesfreiwilligendienst). For more information, please refer to the homepage.



### Which contraceptives are paid for?

The Pass mainly covers the costs of medically prescribed contraceptives or contraceptive measures. The following costs, in particular, are, therefore, eligible for reimbursement

- The pill
- Three-month injection
- Hormone/copper coil
- Copper chain
- Contraceptive sticks
- Vaginal ring
- Contraceptive patch
- Morning-after pill
- Vasectomy
- Sterilisation



For additional protection against sexually transmitted diseases, **condoms** are also financed. Both women and men can apply for these.

Other contraceptives that are not subject to prescription can only be covered if this contraceptive method has been approved in writing by a pregnancy advice centre (Schwangerschaftsberatungsstelle) or a doctor in each individual case.

### How can I submit an application?

You can find the application form for the assumption of costs for contraceptives at [www.ingolstadt.de/familienplanungsfonds](http://www.ingolstadt.de/familienplanungsfonds). You can fill it out directly online and upload it together with other documents.



You can also print out the application and send it by post to the following address:

**Jobcenter  
Familienplanungsfonds  
Adolf-Kolping-Straße 10  
85049 Ingolstadt**

It is not necessary to attend in person.

